

PROTECTIVE APPAREL

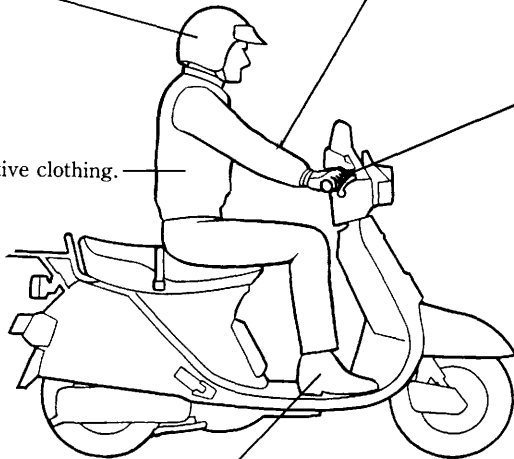
ALWAYS wear a helmet.

You should also wear a face shield or goggles.

Clothes should be close-fitting.

Wear gloves.

Wear bright or reflective clothing.



Shoes should be close fitting,
have low heels and offer
ankle protection.